## **ORGANIC JUICES**

**ISLAND COOLER** 

Pineapple, Cucumber, Apple

#### **IMMUNITY DEFENSE**

Cucumber, Lemon, Ginger, Spinach Blend, Kale, Coconut Water, Cayenne Pepper

#### **BEET LEMONADE**

Beets, Lemon, Ginger, Water, Raw Agave

#### **ELECTRIC LEMONADE**

Lemon, Ginger, Blue Algae, Water, Raw Agave

#### **TOTAL PACKAGE**

Carrot, Lemon, Coconut Water, Turmeric, Ginger

### BOOSTS

COLD COMFORT Carrot, Ginger, Garlic

MOTHER'S, JUICE BAR

GINGER SNAP Apple, Ginger, Lemon, Blended with Ice

SUNRISE Beets, Carrot, Orange, Lemon

**CLEANSING COCKTAIL** 

#### Carrot, Apple, Beets, Ginger

**UP BEET** Beets, Carrot, Spinach

### **16 oz.** 8 | **32 oz.** 14

**ESTABLISHED** 

1978

#### DETOX SHOCK

Apple, Wheatgrass, Lemon, Ginger

#### LIVER CLEANSE

Apple, Beets, Lemon, Ginger, Parsley Blend

### SIGNATURE JUICES

#### ALOHA GODDESS

Apple, Celery, Cucumber, Spinach Blend, Parsley Blend, Kale, Pineapple

#### **GODDESS OF GREENS**

Apple, Celery, Cucumber, Spinach Blend, Parsley Blend, Kale

**BLUE ALGAE ECHINACEA** LECITHIN **SPIRULINA** ACAI ALMOND BUTTER **CHIA SEEDS FLAX OIL** MACA WHEY PROTEIN APPLE CIDER VINEGAR **HEMP PROTEIN** MCT OIL PEANUT BUTTER COLLAGEN **BEE POLLEN IMMUNE TONIC RAW MEAL** SOY PROTEIN

### Build Your Own ORGANIC JUICE

2.

**16 oz.** 8 | **32 oz.** 14

2

APPLE CARROT GARLIC LEMON PEAR BEETS CELERY GINGER LIME PINEAPPLE **BELL PEPPER** CHARD GRAPE ORANGE SPINACH BROCCOLI **CUCUMBER** KALE PARSLEY ΤΟΜΑΤΟ **ORGANIC SHOTS** 1 oz. 2 | 2 oz. 3 | 3 oz. 4

ADD UP TO FIVE

WHEATGRASS

**CHOOSE A BASE** 

APPLE

CELERY

CARROT

**CUCUMBER** 

GINGER

TURMERIC

**GINGER PINEAPPLE** 

MARKET

02.01.2024

Blend, Parsley Blend, Garlic

# MOTHER'S, JUICE BAR



#### **PEANUT BUTTER & JELLY**

Peanut Butter, Strawberries, Banana, Almond Milk, Raw Agave

#### **ACAI ENERGY**

CALIFORNIA

MARKET

Acai, Banana, Strawberries, Choice of Milk or Juice

#### **CREAMY MANGO**

Mango, Banana, Hemp Granola, Apple Juice, Plain Yogurt

#### CUSTOM WORKOUT

Banana, Peanut Butter, Cacao, Choice of Milk and Protein

#### **16 oz.** 8 | **32 oz.** 14

#### **POWER WORKOUT**

Mixed Fruit, Banana, Ginseng, Acai, Blueberry Juice, Choice of Protein

#### **BRAIN POWER**

Pomegranate Juice, Pineapple Juice, Banana, Mixed Fruit, Lecithin, Flax Oil, MCT Oil

### SIGNATURE SMOOTHIE

ANTIOXIDANT Acai, Blueberries, Banana, Pomegranate Juice

### SHAKES

#### **16 oz.** 8 | **32 oz.** 14

**16 oz.** 8 | **32 oz.** 14

#### GRASSHOPPER

Newman-O's Cookies, Mint, Spirulina, Choice of Milk and Ice Cream

#### JOYFUL ALMOND

Almonds, Chocolate Syrup, Coconut, Choice of Ice Cream

10

#### Orange, Banana, Pineapple Coconut Juice, Choice of Ice Cream

**TROPICAL PARADISE** 

#### **DREAM DATE**

Peanut Butter, Date Pieces, Choice of Milk and Ice Cream

### **ORGANIC BOWLS**

#### **ACAI BOWL**

Acai. Strawberries, Banana, Hemp Granola, Choice of Milk or Juice

#### **PITAYA BOWL**

Pitaya, Strawberries, Banana, Hemp Granola, Choice of Milk or Juice

### Build Your Own SHAKES + SMOOTHIES



**ESTABLISHED** 1978