

## ORGANIC JUICES

16 oz. 9 | 32 oz. 15

### ISLAND COOLER

Pineapple, Cucumber, Apple

### IMMUNITY DEFENSE

Cucumber, Lemon, Ginger, Spinach Blend, Kale, Coconut Water, Cayenne Pepper

### BEEF LEMONADE

Beets, Lemon, Ginger, Water, Raw Agave

### ELECTRIC LEMONADE

Lemon, Ginger, Blue Algae, Water, Raw Agave

### TOTAL PACKAGE

Carrot, Lemon, Coconut Water, Turmeric, Ginger

### COLD COMFORT

Carrot, Ginger, Garlic

### GINGER SNAP

Apple, Ginger, Lemon, Blended with Ice

### SUNRISE

Beets, Carrot, Orange, Lemon

### CLEANSING COCKTAIL

Carrot, Apple, Beets, Ginger

### UP BEEF

Beets, Carrot, Spinach Blend, Parsley Blend, Garlic

### DETOX SHOCK

Apple, Wheatgrass, Lemon, Ginger

### LIVER CLEANSE

Apple, Beets, Lemon, Ginger, Parsley Blend

## SIGNATURE JUICES

### ALOHA GODDESS

Apple, Celery, Cucumber, Spinach Blend, Parsley Blend, Kale, Pineapple

### GODDESS OF GREENS

Apple, Celery, Cucumber, Spinach Blend, Parsley Blend, Kale

## BOOSTS

2

ACAI

BLUE ALGAE

ECHINACEA

LECITHIN

SPIRULINA

ALMOND BUTTER

CHIA SEEDS

FLAX OIL

MACA

WHEY PROTEIN

APPLE CIDER VINEGAR

COLLAGEN

HEMP PROTEIN

MCT OIL

PEANUT BUTTER

BEE POLLEN

IMMUNE TONIC

RAW MEAL

SOY PROTEIN

## Build Your Own ORGANIC JUICE

16 oz. 9 | 32 oz. 15

### 1. CHOOSE A BASE

APPLE

CELERY

CARROT

CUCUMBER

### 2. ADD UP TO FIVE

APPLE

CARROT

GARLIC

LEMON

PEAR

BEETS

CELERY

GINGER

LIME

PINEAPPLE

BELL PEPPER

CHARD

GRAPE

ORANGE

SPINACH

BROCCOLI

CUCUMBER

KALE

PARSLEY

TOMATO

## ORGANIC SHOTS

2 oz. 3 | 4 oz. 5

WHEATGRASS

GINGER

TURMERIC

GINGER PINEAPPLE

## ORGANIC SMOOTHIES

16 oz. 9 | 32 oz. 15

### PEANUT BUTTER & JELLY

Peanut Butter, Strawberries,  
Banana, Almond Milk, Raw Agave

### CREAMY MANGO

Mango, Banana, Hemp Granola,  
Apple Juice, Plain Yogurt

### POWER WORKOUT

Mixed Fruit, Banana, Ginseng,  
Acai, Blueberry Juice,  
Choice of Protein

### ACAI ENERGY

Acai, Banana, Strawberries,  
Choice of Milk or Juice

### CUSTOM WORKOUT

Banana, Peanut Butter, Cacao,  
Choice of Milk and Protein

### BRAIN POWER

Pomegranate Juice, Pineapple  
Juice, Banana, Mixed Fruit,  
Lecithin, Flax Oil, MCT Oil

## SIGNATURE SMOOTHIE

### ANTIOXIDANT

Acai, Blueberries, Banana, Pomegranate Juice

## SHAKES

16 oz. 9 | 32 oz. 15

### TROPICAL PARADISE

Orange, Banana, Pineapple Coconut Juice,  
Choice of Ice Cream

### GRASSHOPPER

Newman-O's Cookies, Mint, Spirulina,  
Choice of Milk and Ice Cream

### DREAM DATE

Peanut Butter, Date Pieces,  
Choice of Milk and Ice Cream

### JOYFUL ALMOND

Almonds, Chocolate Syrup, Coconut,  
Choice of Ice Cream

## ORGANIC BOWLS

12

### ACAI BOWL

Acai, Strawberries, Banana, Hemp Granola,  
Choice of Milk or Juice

### PITAYA BOWL

Pitaya, Strawberries, Banana, Hemp Granola,  
Choice of Milk or Juice

## Build Your Own SHAKES + SMOOTHIES

16 oz. 9 | 32 oz. 15

1.

ADD UP TO TWO

ALMOND MILK

DAIRY MILK

COCONUT MILK ICE CREAM

OAT MILK

COCONUT MILK

VANILLA DAIRY ICE CREAM

HEMP MILK

SOY MILK

PINEAPPLE COCONUT JUICE

APPLE JUICE

PLAIN YOGURT

PINEAPPLE JUICE

COCONUT WATER

2.

ADD UP TO THREE

PEANUT BUTTER

DATES

AGAVE SYRUP

CHOCOLATE CHIPS

BANANA

HONEY

NEWMAN-O'S COOKIES

BLUEBERRIES

MANGO

ALMOND BUTTER

PINEAPPLE

RASPBERRIES

STRAWBERRIES